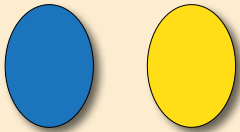


### Themes

Yummy in My Tummy  
Sail Away  
Bunnies and Chicks  
April Showers

### Shapes and colors



**Opposites**  
open/close

### Vocabulary

carrots, fruit, sailboat,  
life jacket, bunnies,  
chicks, rain, puddles

### Sign Language

eat, blue, water,  
rabbit, yellow, rain



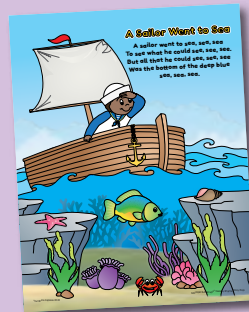
### Together Time Activities

Here are some fun activities you and your child can enjoy together!

- **Eat a Rainbow!**  
Visit the grocery store with your child and choose several colors of fruit. Cut the fruit in small pieces and arrange them on a plate in the shape of a rainbow. Enjoy!
- **Eggs in the Tub**  
Offer your child some jumbo plastic eggs at bath time. Do they sink or float? What happens if you fill them with water? Have fun exploring!
- **Meet a Bunny**  
Visit a pet store to see a real bunny. Watch how it moves. When you get home, hop like bunnies.
- **Rainy Day Walk**  
When there is a gentle rain with no lightning or thunder, get your umbrella and take a walk. Explore some puddles together.

### Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.



#### A Sailor Went to Sea

A sailor went to sea, sea, sea  
To see what he could see, see, see.  
But all that he could see, see, see  
Was the bottom of the deep blue  
sea, sea, sea.

#### Rain on the Green Grass

Rain on the green grass.  
(Flutter hands down to the ground.)  
Rain on the tree.  
(Lift arms up like branches.)  
Rain on the rooftop,  
(Touch fingers together over head to make peak of roof.)  
But NOT on me!  
(Brush shoulders with fingers.)



## Look for Books

### Lunch

by Denise Fleming

### Little Boat

by Taro Gomi

### Boats Go

by Steve Light

### Soy un conejo/I am a Bunny

by Ole Risom

### Grumpy Bird

by Jeremy Tankard

### Guess What?—Food

by Yusuke Yonezu



## Cooking Together

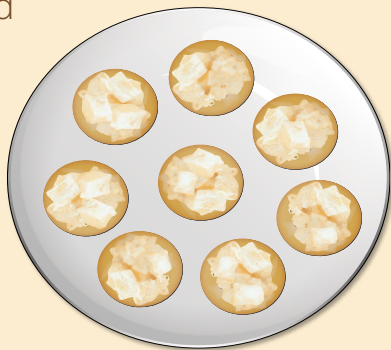
When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

### Egg Salad

6 eggs  
¼ cup mayonnaise  
1 tablespoon mustard  
salt and pepper  
crackers or bread

Place eggs in a pot and cover with water. Bring to a boil. Reduce heat and simmer for 10 minutes.

Drain. Cover with cold water and cool. Peel and chop eggs. Stir in mayonnaise and mustard. Add additional mayonnaise if you prefer a creamier salad. Add salt and pepper to taste. Serve on crackers, or use as a filling for sandwiches.



## Sing Along With Me

Find these songs at [www.funshineexpress.com](http://www.funshineexpress.com)

### A Sailor Went to Sea

Traditional

A sailor went to sea, sea, sea  
To see what he could see, see, see.  
But all that he could see, see, see  
Was the bottom of the deep blue sea, sea, sea.



### My Umbrella

Sung to "The Mulberry Bush"

My umbrella pops up. *(Point up.)*  
My umbrella folds down. *(Point down.)*  
I keep it up when rain comes to town.  
*(Point up and then flutter fingers to the ground.)*  
I'm as dry as I can be.  
*(Point to head and nod head up and down.)*  
Thanks to my umbrella!  
*(Form circle over head with arms and hands.)*



## Reminders...

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## Connect With Us!

